

President's Message

Happy New Year to all of you, may 2010 be a year filled with health and prosperity!

It is hard to believe that it is the beginning of another decade, it seems like "y2K" was just yesterday when we were all wondering if our debit cards and computers would work for the change of 1999 to 2000! But time does move on and things do change.

At the Virginia Dental Hygienists' Association, we have been making some great changes for you. Hopefully you have had a chance to look over our redesigned website, I think it is not only easy to navigate but visually appealing. (Although as many of you know, I AM partial to the color orange!) Our web mistress Susan Reid-Carr and her husband Woody Carr have done a fantastic job creating the revamped VDHA home site. Many thanks to them for their time and expertise.

Planning for the 57th Annual Session in Richmond continues. It seems a lot like preparing for a wedding to me; the early stages are busy, then a slight lull and then the detail work! VDHA is fortunate to have an incredible team working to make this the best AS ever. AS Planning Chair Melanie Bartlam has done an incredible job bringing it all together. The changes will be seen at AS as well with a new format for registration and continuing education that we are all very excited about. We are honored to have our ADHA President Lynn Ramer bring greetings from our national organization. Our experienced group has been working hard to assemble this Annual Session just for you. The Las Vegas themed Foundation Reception and the President's Dinner are additional great opportunities during the weekend to mingle, reconnect and meet your peers. Please check our website for details. I look forward to seeing you all there!

Serving as your President this past year has been my honor and privilege. I truly believe I have gained as much if not more than I have given. Meeting so many wonderful people has been the best "perk" of my tenure. The leadership skills of those who have preceded me have guided me throughout this year. VDHA is fortunate to have the resources of wonderful leaders who continue to volunteer their time and knowledge. I've had, and continue to have, many wonderful mentors, those who have guided me along when I requested and helped me assess situations to make the right decisions. I would like to thank all of you for giving me the opportunity to serve this Association in this capacity and with special thanks to our Immediate Past President Kelly Tanner Williams.

We are a volunteer organization and I want to thank the Board and Committee members who volunteer their time and are actively involved in the operation of VDHA. I also want to thank those of you who are not actively involved but who maintain your membership and support us. By doing your part and realizing your potential, VDHA and in turn ADHA is stronger. We are here for you. Empowering, Developing and Supporting you.

Best,



Ellen Austin-Prillaman, RDH

President

Virginia Dental Hygienists' Association



OUR MISSION

“THE MISSION OF THE VIRGINIA DENTAL HYGIENISTS’ ASSOCIATION IS TO IMPROVE THE PUBLIC’S TOTAL HEALTH AND ADVANCE THE ART AND SCIENCE OF DENTAL HYGIENE.”



OUR VISION

Oral health professionals promoting total health

Calendar

VDHA Annual Session:

April 15-18, 2010 Richmond, Holiday Inn Koger Center

Executive Board Meetings:

April 15, 2010 Richmond (Pre-Annual Session 6-10pm)

April 18, 2010 Richmond (Post-Annual Session-after 3rd HOD)

Institute for Oral Health: May 30, 2010 Deadline for donations

Curet Deadline: April 29, 2010 email onegooderdh@aol.com

**Please go to our website for a complete
Calendar update www.vdha.net**

www.vdha.net is new and improved and live!



A big thanks to Susan Reid Carr and Woody Carr for improving and revamping the VDHA website.

President	Ellen Austin-Prillaman - president@vdha.net	Planning and Development :	
President Elect	Rita Sheaves presiden- telect@vdha.net	Annual Session Planning	Melanie Bartlam
Immediate Past President	Kelly Tanner Williams - immediatepastpresident@vdha.net	Continuing Education	Sheila Sheats
Vice President	Sarah Hill- vicepresident@vdha.net	Ways and Means	Karen Avey
Treasurer	Trish MacDougall - treasurer@vdha.net	House of Delegates	Sheri Moore
Recording Secretary	Beth Sadler recordingsecre- tary@vdha.net	Foundation Director	Kelly Williams
Corresponding Secretary	Bettina Grodt - correspondingsecretary@vdha.net	Foundation Appointee	Jackie Perry
Speaker of the House	Julie Simms - speakerofthehouse@vdha.net	Foundation Secretary	Cathy Berard
Alternate Speaker of the House	Kim May	Government And Professional Affairs : Kelly Williams	
Trustees	Trustee's	Regulation and Practice	Lesa Crane (Chair)
Trustee 01-Northern Virginia Jenifer Spencer trustee01@vdha.net	Trustee 07-Peninsula Jennifer Podish trustee07@vdha.net	Board of Dentistry Consultant	Cal Whitehead Hilton Graham
Trustee 02-Greater Richmond Shelly Caudill trustee02@vdha.net	Trustee 09-Southwest Virginia Margaret Martin trustee09@vdha.net	Contract Review	Rita Sheaves-Chair, Ellen Austin-Prillaman, Trish McDougall, Kelly Williams, Lesa Crane Appointed, Cathy Berard & Marge Green
Trustee 03-Tidewater Jackie Perry trustee03@vdha.net	Trustee 10-Northwest Pam Kitner trustee10@vdha.net	VHy-Pac Directors	Chairs: Dawn Southerly and Margarette Moser. Maureen Thompson
Trustee 05-Piedmont Bonnie Perry trustee05@vdha.net	Trustee 11-Blue Ridge Cheryl Todd trustee11@vdha.net	Public Health & Education Council	Marty Roberson
Trustee 06-Shenandoah Valley Evelyn Grant trustee06@vdha.net	Trustee 13-Fredericksburg Vacant	Public Health Committee	Susan Pharr
Administrative Council : Rita Sheaves		AHEC Coordinator	Marty Roberson
Budget and Finance	Marty Roberson-Chair, Kelly Williams, Ellen Austin-Prillaman, Jackie Perry, Sheri Moore, Trish MacDougall Appointed: Cathy Berard, Misty Mesimer	Education Committee	Marty Roberson
Vice-President	Sarah Hill	ADHA State Education Network Liaisons	Irene Connolly
Bylaws	Sarah Hill	VIADC	Tammy Cahoon
Scopes Manual	Sarah Hill	OHIC	Sharon Stull
Nominations and Policy Manual	Kelly Williams	Member Services Council : Margaret Martin	
Corresponding Secretary	Bettina Grodt	Membership Committee	Maureen "Moe" Thompson
Recording Secretary	Beth Sadler	Student Chapter of ADHA Liaison	Kelly Williams
HOD Secretary	Irene Connolly	Membership Directory	Betsy Di Silvio
		Newsletter Editor	Michelle Goode
		Awards	Evelyn Grant
		Historian	Kara Gobble
		Webmaster	Susan Reid-Carr



April 15 - 18, 2010
Holiday Inn Select - Koger Center
Richmond, VA

The Virginia Dental Hygienists' Association is excited to announce the launch of our 57th Annual Session Program.

For the first time, we will be entirely "GREEN" with no "paper" registration!

Please visit www.vdha.net to learn about the 2010 Session Events. We look forward to seeing you at the meeting.

Join us for the Annual VDHA Foundation

"Vegas Style" Reception

Friday at 5:30 p.m.

ADHA'S Tobacco Intervention Initiative

As the state liaison to the ADHA's Tobacco Intervention Initiative (TII), I would like to remind each of you of resources that we have at our fingertips. Once again the use of tobacco products is on the rise and as dental hygienists, we see the "frontline damage" that is done by these products and we know it is just the tip of the iceberg, in terms of total damage being done to our patient's

health. The ADHA's protocol of ASK, ADVISE and REFER is easy to implement into your everyday patient care. If you have never done so before I urge you to go to our website and click on the www.askadviserefer.org section for a wealth of information. This section has been updated and serves as a resource for all of us as members of the ADHA, VDHA and our local components.

I will have some information (probably around the registration area) available at our Annual Session in Richmond on April 15-18, 2010 at the Holiday Inn Koger Center.
 Sincerely,
 Maureen M. Glick,
 RDH, BS
 Tobacco Intervention Initiative Liaison

Rally Day 2010

Rally Day was again a success with over 100 students from the Commonwealth are planning on attending! Students present from ODU and MCV learned about the legislative process and how a role as a member is important as an ADHA member. Legislative goodie bags were shared with General Assembly members by the students as in years past. It has been due to these meetings over the years that VDHA has

been able to make progressive changes in the Code of Virginia. Thank you to all who participated this year as well as to those who have in the past and made a difference for our profession!

“Rally Day was again a success”



Regulation and Practice Committee Report

Last year during strategic planning, the Legislative Committee changed its name to the "Regulation and Practice Committee." The rationale for the change is that the new name fit more of what this important committee does for VDHA. Components may want to align themselves to avoid confusion among members, or not at this time. The committee has been meeting with the Government and Professional Affairs Council as a joint meeting to reduce the number of

meetings that council/committee members must attend. This occurred at the July, October and January meetings and is planned for the 2010-2011 year for now. As always VDHA will continue to work with our lobbyists, Hilton Graham and Cal Whitehead. These able gentlemen will keep VDHA abreast of any activity that is deemed relevant to our association. As always VDHA appreciates their insights and ability to keep dental hygiene interests focused on improving the

oral health for all Virginians. The Board of Dentistry continues to sort out the regulations regarding the Dental Assistant II and the final regulations should be approved soon.

Lesa K. Crane, RDH,
BSHS Regulation and Practice Chair



Northern Virginia 01

The Northern Virginia Dental Hygienists' Association held its annual OSHA meeting on January 20th, 2010 to great success. Other upcoming CE courses that we are hosting include "An Update on Orthodontics" presented by Dr. Kolman Apt on February 23rd, 2010 and "Enamel Therapy: The Next Generation of Care" presented by Lillian Caperila, RDH, M.Ed on March 23rd, 2010. We are also hosting our annual spring CE course on Saturday March 27th, 2010 titled "Red, White, Blue (and Black): A differential diagnosis for pigmented lesions of the oral mucosa". The course will be presented by John R. Basile, DDS and offers 4 credits of CE. Our NVCC students, faculty, and NVDHA members will be participating in Give Kids a Smile on Friday February 5th and the Mission of Mercy on March 12 & 13th. It's so nice to see everyone working together to provide dental care for those that are underserved. Please feel free to contact me at anytime if you should need assistance with any events or questions regarding the Northern Virginia Dental Hygienists' Association.

Respectfully Submitted,

Jenifer L. Spencer RDH, BS

Monticello 06 (formerly Shenandoah Valley)

President/Trustee: Evelyn D. Grant
 Vice-President: Sarah Hill
 Secretary: Sheri Moore
 Treasurer: Mimi Magyar
 Calendar/Newsletter: Sheri Moore
 Legislative Chair: Christina Morris
 Membership Chair: Betsey Soulsby
 Student Chapter Liaison: Kim Sydnor
 Annual Session Delegates: Sarah Hill, Mimi Magyar

Calendar:
 March 19, 2010 – 6 hour CE Course What is it? How do I use it?: Today's Dental Products and Treatment Options featuring Tricia Osuna, ARDH, BS, FAADH

We conducted a community service project at CATEC on Friday, May 22, 2009. The class was Oral Hygiene for the Caregiver. The class was well received and the students were very engaging. Future sessions will be scheduled.

We financially and professionally support the Nelson Dental Clinic.

Southwestern 10

Our latest CE with Dr. Mark Zemanovich in November had a great turn out with members, students, potential members and local dentists. We will be joining the dental hygiene students at Lord Fairfax on their bus to Rally day in Richmond on January 22. Our next local component meeting will be on Thursday, January 21 in Woodstock, VA at the Spring House Tavern. Our new officers are President – Loretta Carter, Vice President – Karen Avey, Secretary – Mistie Dodson, and Treasurer – Julie Allen. Please visit our website at www.nwvdha.org for current updates. Respectfully submitted, Pam Kitner, Trustee.





ADHA INSTITUTE FOR ORAL HEALTH

Congratulations to VDHA for earning the 2009 IOH national award for making the largest organizational donation among the nation's largest Dental Hygiene associations! Kudos to everyone who supported this philanthropic endeavor. VDHA is striving for a repeat success in 2010 along with achieving 100% participation of all members.

2010 IOH Campaign Aims to Achieve 100% Participation of Membership

Gifting your charitable donation to IOH, be it small or large, enables a successful Campaign and the simultaneous advancement of our profession through support of scholarly activity, research and community service. Every RDH of the 150,000+ represented by ADHA is invited to contribute.

How to donate: *In addition to purchasing raffle tickets for the cash prize drawing at ADHA Annual Session on June 24th, you can also very easily give your tax deductible donations via the newly launched website <http://www.adha.org/ioh>. (Check it out!) You can direct your donation to either "greatest need" or designated funds (more than 10 categories) listed on website drop down menu or on donor envelopes available from your Component IOH Liaison and/or Component Trustee.*

Your gift designated to the "scholarship fund" will build the endowed fund for IOH to be responsive to the many requests for scholarly assistance by students in need and demonstrating great promise for our collective future.

*As Founding Chair of the ADHA Toothfairy Campaign, I encourage you to also consider giving to the **ADHA Institute/NCOHF Affiliate Network Grant**, as it enables selected Dental Hygiene Programs to become Affiliate members of the National Children's Oral Health Foundation (NCOHF) Network. The NCOHF Network provides a curriculum and dental supplies to help educate and deliver comprehensive care to children suffering from dental disease and constraints of being underinsured and uninsured.*

As the VDHA Liaison to IOH, I gratefully recognize the contributors who have begun their donations since July 1, 2009 through December 31, 2009 and invite everyone to join the Campaign for 100% Participation. The ADHA 2010 fiscal year runs through June 30, 2010, so we have until May 30, 2010 to submit our donations.

Marge Green, RDH, MS

IOH Donors

July 1, 2009 through December 31, 2009

Julie Allen
Terri Atwell
Jennifer M. Barger
Amanda Childs Beheler
Melissa J. Deats
Brenda S. Dillon
Elizabeth W. Goodman
Marge Green
Kristy A. Harman

Catherine Q. Johnson
Amanda B. Jordan
Joanne G. Kane
Donna D. Kirley
Joyce A. Kwiatkowski-Spieler
Michelle L. Law
Jerri S. Lineber
Mimi Magyar
Nancy A. Martin

Ashley Dianne Milstead
Vali Mohler
Kathleen M. Noonan
Bonnie A. Perry
Susan H. Pharr
Ellen Austin-Prillaman
Justin M. Prillaman
Diane Rae Reece
Elizabeth R. Sadler
Julie F. Simms

Betsey E. Soulsby
Martha H. Roberson
Sharon C. Stull
Cheryl A. Todd
Sharlene P. Toone
Chester Torkornoo
Hanna L. Wardlaw
Jamie Worley

Spring 2010 Dental Hygiene Symposia



Management of the Oncology and Terminally Ill Patient

Friday, February 19, 2010, 9am – 1pm, Fredericksburg Campus, HLTH 2262-21, Tuition: \$50

In this four hour continuing education course, participants explore the special niche for the dental community in the area of caring for patients undergoing cancer treatment. Topics include radiation and chemotherapeutic treatments and implications for dental care. Oral and palliative care for the terminally ill will be covered as well. Participants will understand the importance of oral health and the role of dentistry during the end stages of life.

Presenter: Bettina Gigliello, RDH, BSDH Ms. Gigliello graduated from the University of Missouri, Kansas City, School of Dentistry with a BS in Dental Hygiene in May 2000. During her studies at UMKC, she participated in the Oncology and Special Patient Care Program. She studied the dental hygiene implications of cancer therapy, obtaining a certificate of service from the American Cancer Society. Ms. Gigliello created the HospiceCare of West Virginia program. The goal of the HospiceCare program was to increase patient comfort during the end stages of life. The program dealt with the oral hygiene needs of hospice patients, educated nursing staff, and in coordination with local physicians established a palliative oral care program for hospice. Ms. Gigliello has 10 years of clinical practice in general dentistry and periodontics. She is currently employed as an adjunct faculty member for the Northern Virginia/Germanna Community College Dental Hygiene program. Mrs. Gigliello serves as Corresponding Secretary for the Virginia Dental Hygienists' Association. She was most recently elected Vice President of the Fredericksburg Dental Hygienists' Association.

Identification and Management of Medical Emergencies, Risk Management, and Documentation

Saturday, March 20, 2010, 9am – 1pm, Fredericksburg Campus, HLTH 2263-21, Tuition: \$50

While medical emergencies don't happen frequently, when they do it is essential that practitioners be well-versed and comfortable in handling them. In this four hour continuing education course participants will refresh their minds on the signs, symptoms, and treatment of medical emergencies. Topics include risk management and documentation.

Presenter: Dr. Darryl Pirok: Dr. Darryl Pirok graduated from the University of Illinois, College of Dentistry in 1964 and completed his Anesthesia and Basic Science training at the University of Pittsburgh. His Oral and Maxillofacial Surgery training was completed at Henry Ford Hospital Health Systems in Detroit, Michigan. He has maintained a private oral surgery practice for the past 30 years here in Va. and previously in Chicago. In addition to private practice, Dr. Pirok has been involved with both academic and hospital centers, having an interest in dental anesthesiology. Prior to moving to Virginia, he had an academic affiliation with Rush Medical Center in Chicago and directed a dental general practice residency program. He continued his love of teaching in Virginia with a full time faculty appointment at Virginia Commonwealth University School of Dentistry from 1975-1977 and is currently adjunct clinical professor of oral surgery at the VCU Dental School. He has served on numerous boards including the Virginia Board of Dentistry and at present sits on the Board of the Northern Neck Free Health Clinic and the Virginia Association of Free Health Clinics.

Please register at least seven days prior to class.

Fredericksburg Area Campus



GERMANNA
COMMUNITY COLLEGE

Germanna Community College is pleased to announce new spring and fall Symposia, designed to provide quality professional development opportunities for practicing Dentists, Dental Hygienists, and their staffs.

The Spring Symposia include:

~ “Management of the Oncology and Terminally Ill Patient” on Friday, February 19, 2010, 9am – 1pm

~ “Identification and Management of Medical Emergencies, Risk Management, and Documentation” on Saturday, March 20, 2010, 9am – 1pm

The Fall Symposia include:

~ “Periodontal Update: New Research on the Inflammatory Process and its Effects on the Oral/Systemic Relationship” on Friday, October 8, 2010, 9am – 1pm

~ “Everyday TMJ” on Saturday, November 13, 2010, 9am – 1pm

We invite and you to review the enclosed fliers for Symposia details, and encourage you to share them with your colleagues. We are pleased to have secured very highly qualified and experienced presenters.

Tuition for each Symposium is \$50, and preregistration is required. A tuition discount is available for those registering for all four Symposia (\$175 for all four Symposia).

Please contact us at (540) 891-3012 for information and registration.



www.vdha.net